



## { Lunch Menu }

Served 8:00am – 3:00pm, Monday - Thursday

### BREAKFASTY + STARTERS

#### ENERGY BOWL

Seasonal fruit bowl, Perfect Balance™ raw trail mix, Greek yogurt, organic granola and wild flower honey. 13 GF

#### BUTTERMILK PANCAKES

Farmer's market fruit, pure maple syrup. 12

#### FRENCH TOAST

Lemon curd and fresh seasonal fruit. 14

#### AVOCADO TOAST

Sourdough, radish, sea salt. 9

#### GRILLED LOCAL BLACK MISSION FIGS

Cabrales, pancetta, white balsamic gastrique. 8

#### SWEET POTATO FRIES

Fall spice seasoning, sea salt. 7 VEG.

#### TRUFFLE FRIES

Pecorino, parsley, truffle oil 8 VEG.

#### FLAT BREAD(S)

\*Pepperonata, Di'Stefano burrata, micro arugula 12

\*Fontina, wild mushrooms, truffle oil 12

\*Spicy Coppa, Di' Stefano fresh mozzarella 12

#### EGGS + TOAST

Two organic brown eggs (or egg whites) with fingerling potatoes, house salad + choice of toast. 12 GF

Add: Smoked bacon 3 or Smoked Fra'mani ham 4

Santa Barbara smoked salmon with caper-dill salsa Verde 6

#### HUEVOS RANCHEROS

Two organic brown eggs, chile relleno, quesadilla, black beans, guacamole, salsa ranchera. 13 GF

#### HAWAIIAN KAMPACHI CEVICHE

Yucca chips, serrano chile, red onion, lime juice, sea salt, avocado sauce 12

#### FRITTO MISTO

Calamari, wild shrimp, thyme, orange zest + cayenne mayonnaise. 12

#### FRESH CATCH CRUDO

Yuzu, aji, jicama, micro cilantro, Italian evoo, sea salt. 10

#### WILD FOREST MUSHROOM SOUP

Wild mushrooms crouton 5

#### GUACAMOLE & CHIPS

House-made guacamole, fresh corn chips 7 GF, V

### SALADS

#### CAESAR

Romaine hearts, Grana Padano, Pecorino Romano, anchovies, croutons, Dijon vinaigrette. 10 VEG

#### ORGANIC SPINACH

Organic baby spinach, roasted gold and red beets, herbed chevre, candied walnuts, avocado, white balsamic reduction, evoo. 11 VEG, GF, N

#### GRILLED AHI TUNA SALAD

Butter lettuce, endive, baby red leaves, grilled zucchini + eggplant, grilled fingerling potato, scallions, lemon + oregano sauce. 19

#### VEGAN CAESAR

Romaine hearts, vegan parmesan, sweet potato. 12 GF, N

#### KALE SALAD

Roasted grapes, organic quinoa, arugula, caramelized hazelnuts, sauvignon blanc reduction, evoo. 15 GF, V

Add to any salad:

Grilled organic Mary's chicken 7

Grilled wild shrimp 10

### ENTREES

#### MARY'S ORGANIC HALF CHICKEN

Fresh herbs. Hal's fries or Caesar salad. 21

#### GARGANELLI PASTA

Fall mushrooms, Tallegio cheese, caramelized shallots, micro parsley, truffle oil. \* 16

#### BUCATINI + MUSSO

Spigarello, red fresno chile, house tomato sauce, garlic, oregano \* 16

#### IDAHO TROUT

Grilled Idaho pink trout, chimichurri, red organic quinoa house salad. 19

#### PAN ROASTED KAMPACHI

Togarashi sauce, bamboo rice, roasted pineapple, scallions, roasted Macadamias 22

#### BRAISED BRISKET SANDWICH

Sourdough, kale cole slaw, Hal's fries. 16

#### ROASTED TURKEY SANDWICH

Whole wheat toast, Tallegio, basil mayonnaise, roasted red peppers, heirloom tomatoes, Boston lettuce, Hal's fries. 15

#### IOWA FLAT IRON

Tamari + lime sauce, kohlrabi cole slaw 22

#### VEGGIE BURGER

Potato Bun, endive, frisee, sambal aioli, Hal's fries 10 VEG

#### HAL'S HAMBURGER

(Allen Brothers® Ground Beef)

Serrano mayonnaise, Boston lettuce, tomato, red onion.

Hal's fries or Caesar salad. 16

#### HAL'S TURKEY BURGER

(Shelton's Free Range)

Wheat bun, chipotle-caper tartar, tomato, arugula, red onion. Hal's fries or Caesar salad. 17

Build Your Burger:

Avocado 3

Smoked bacon 2

Gruyere cheese 2

French cheddar 2

#### HAL'S TRIO (sandwich + soup + salad)

Grilled Tallegio cheese sandwich on sourdough bread, mushroom soup, smoked cheddar, micro celery, House Salad. 12

\* Pizzas and pastas are available starting at 11:00am

Please tell us if you have food allergies or dietary restrictions. \* Consuming raw or undercooked meat, seafood or eggs may increase your risk of food borne illnesses. GF = Gluten free | V = Vegan | VEG = Vegetarian | N = Nut allergy

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